

Group,

Elizabeth Bliss's department is holding several classes for parents and students (Spanish and English) on improving teen and parent relationships. The presentations have received rave reviews and include topics on: appreciate your teen, build mutual trust and respect with your teen, communication with teens, etc. This opportunity is not only for San Jose Unified but other districts in the area. We have reserved many seats for SJUSD parents and would like to have a "packed house".. Please communicate this information to your parent community. You received the flyer from Elizabeth but you can also download the information from the following website: [www.goodparentsinc.com](http://www.goodparentsinc.com) If some parents can not afford the cost of these classes, contact Elizabeth Bliss at 535-6405, no one has ever been turned down because of money issues. The meetings are starting next week go through the month of November and are at John Muir and Lincoln.

It is expected that each school have parents and/or teens attend some of the sessions. If this is a problem or you need assistance call.

It is good to be back and I look forward to seeing or talking with you hopefully next week.

Bonnie

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